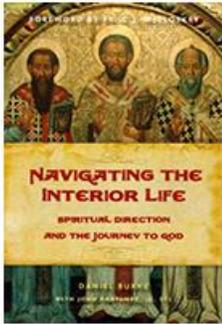
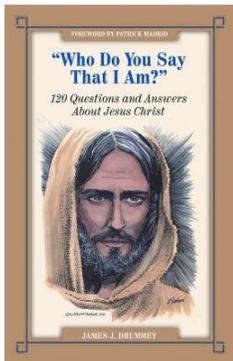


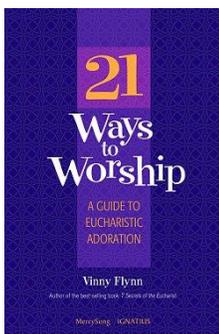
This highly readable introduction to the roots of many Catholic beliefs and practices provides a sense of connection to our brothers and sisters who have gone before us and who helped shape the faith. Mike Aquilina makes it clear that as far as the essentials are concerned, a time-travel trip back to the beginning of the Church would reveal a Church familiar to Catholics today. Just as an acorn grows into a tree and yet remains the same plant, so the Catholic Church is a living organism that has grown from the faith of the earliest Christians into the Body of Christ we know today.



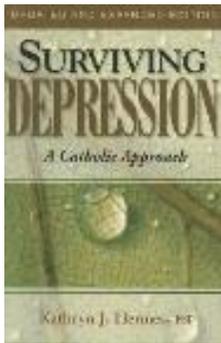
What is spiritual direction and my spiritual direction? What are my "blind spots" and how can I uncover them? What keeps me from all the spiritual riches Christ has for me? How can I better understand where I am in my spiritual progress? Daniel Burke's *Navigating the Interior Life* will give you the tools you need to understand how and why we grow and die in the spiritual life and what we can do about it.



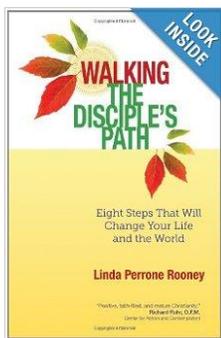
How is Jesus different from Buddha, Confucius, and Mohammed? Was Jesus just a good man, or was He God? How do we know that Jesus started a church? Is it possible to find that Church today? How can Mary be called the Mother of God? Is Jesus really present in the Holy Eucharist? Why do Catholics have a cross with Jesus body on it? Who was responsible for the death of Jesus? Can we prove that Jesus rose from the dead? Is Jesus one way to Heaven, or is He the only way? If you would like the answers to these and more than 100 other questions about Jesus, then you should order this book, not only for yourself, but for family, friends, Confirmation candidates, those about to get married, those who teach religion, and those preparing to come into the Catholic Church. In the Foreword, internationally acclaimed defender of the Faith Patrick Madrid says that "Who Do You Say That I Am?" offers a wide and illuminating array of scriptural truths about who Jesus Christ really is, the testimony of early Church Fathers, the teachings of the popes and councils and saints over the centuries. Reading this book will help you be better able to say with clarity and conviction, along with Simon Peter, You are the Messiah, the Son of the living God!



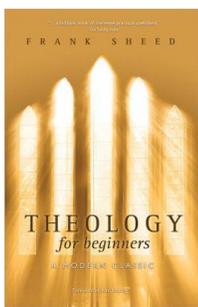
Anytime people start talking about Eucharistic Adoration, one question always seems to come up: "A whole hour? What'll I do for a whole hour?" The purpose of this little book is to present at least a partial answer to that question enough to encourage you to give it a try if you've never done it, or to offer some additional suggestions if you've already spent some time in Adoration and would like to experiment with more ways to pray while you're there.



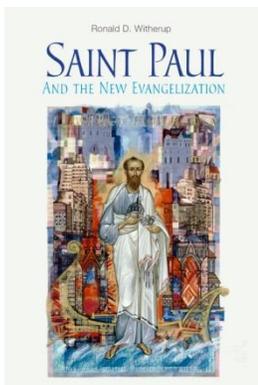
Depression can strike anyone—even those of us who are deeply committed to living the Christian life. In these dark times, we often feel abandoned, alone, isolated, misunderstood, and hopeless. Especially in today's chaotic world, there are new distressing realities that weigh upon us: war, economic instability, terrorism, natural disasters...all of which make our sense of security so fragile. And as Christians, such experiences can be accompanied by a great sense of anguish and fear. As someone who has personally struggled with depression, Sr. Kathryn understands these feelings all too well. But as someone who has overcome the illness, she knows that surviving depression and attaining happiness is possible. For over a decade, *Surviving Depression* has helped thousands of readers find a reassuring approach to living through depression. By drawing upon the strength inherent in the Catholic tradition and discussing the biological, psychological, environmental, and genetic components of the illness, this companion offers a holistic understanding of depression—for the depressed, their family members and friends, and those who counsel or care for them.



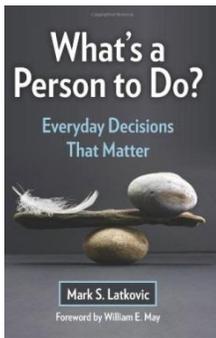
Linda Perrone Rooney, experienced spiritual director and author of the popular *Habits of the Soul*, brings over forty years of experience in pastoral leadership to bear as she offers readers an eight-step plan to living as disciples, translating head-knowledge of Christ into everyday action. *Walking the Disciple's Path* challenges readers to live as disciples--actively putting into practice the values, behaviors, and teachings of Jesus. With exceptionally graceful prose, Rooney walks readers through the gospel, moving from understanding to transformation--from head to heart to action--combining the intellectual and spiritual "aha moments" that impel us to follow Christ more intentionally. Rooney eloquently describes eight scripturally based steps that lead readers to a change of heart: surrender yourself daily, live as a blessing, overcome violence, give for the right reasons, pray like Jesus, see the good in others, offer compassion and healing, and live without fear.



Clear, precise and inspiring, *Theology for Beginners* has been acclaimed as one of the outstanding modern introductions to theology. More than a compendium of the central doctrines of Catholicism, however, the book is designed to equip you with the information you need to understand key doctrines and to explain them to others. Along the way, you will find yourself falling more deeply in love with your faith and more confident of your ability to bring healing and hope to what Frank Sheed called "a society that is losing contact with God." *Theology for Beginners* will help bring the truth to life in your soul. Doctrines discussed include: The Trinity • Creation • The Nature of Man • The Fall • Sin • Redemption • The Incarnation • Grace • Christ's Death • The Resurrection • The Kingdom • Mary • The Holy Spirit • The Sacraments • The Eucharist • Baptism • The Second Coming

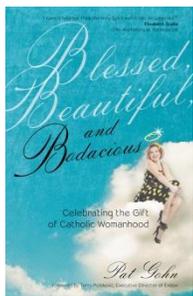


To some, "the New Evangelization" seems to mean warmed-over and outdated apologetics that rarely resonate with people today. But that approach fails to do justice to what evangelization is really all about. In *Saint Paul and the New Evangelization*, one of today's most respected Scripture scholars offers a far richer, more deeply biblical approach. Ronald D. Witherup, SS, analyzes the techniques of one of the church's best evangelists—Paul of Tarsus to show how we can help reinvigorate the faith of friends and loved ones. You don't need to know a lot about the Bible or theology. Just follow St. Paul's inspiring example, and discover how to talk about your faith in ways that change hearts and minds.



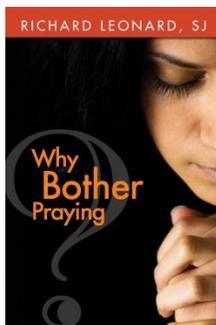
From Internet access to lottery tickets, pet ownership to R-rated entertainment, we are faced with more ethical decisions than we might realize, every single day. What's a person to do -- especially when there is no definitive Catholic teaching on a subject? Do we just brush off these pesky moral dilemmas? Do we happily live in the gray areas of life and simply go along with conventional wisdom? Or do we make an honest attempt to face these moral questions head on? The way we deal with these seemingly small ethical decisions can have a huge impact on our own lives as well as those of our children and families. This book is an ethical toolbox, providing you with a process for

making confident choices, asking yourself challenging questions, developing moral virtue, and discovering deeper happiness.



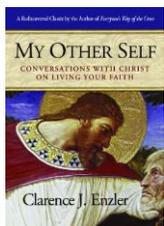
Pat Gohn draws on decades of women's ministry experience, her popular Catholic women's podcast *Among Women*, and her own story as a wife and mother, proclaiming the Church's compelling vision of every woman: you have dignity, you are gifted, and you have a mission. The lively and unforgettable Gohn guides readers through moments of her life that have shaped her identity and understanding of womanhood--abiding love and talent for music, breast cancer in her thirties, and coming to understand true feminism in light of Church teaching and Mary's example. More than a mere memoir, *Blessed, Beautiful, and Bodacious* offers readers insight into the writings of Blessed John Paul II, which articulate four gifts unique to every woman: generosity, receptivity, sensitivity, and maternity. With

humor, faith, and the open-hearted tone of a trusted mentor, Gohn shares how she became empowered to embrace her blessings, beauty, and bodaciousness, and how readers can do the same.



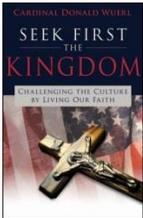
This accessible volume is less about how to pray, and more about why we pray and what it does for us, for God, and for the world. The author explores the context within which we pray, what is distinctive about Christian prayer, praying to Jesus, what communal prayers do, how Mary and the Saints help us pray, and finally, what the point of prayer is sending us out with Christ to witness to the reign of God in our world. He ultimately answers the question this way: Why bother praying? Because at its most basic prayer is making space for God to love us and through the community of faith, and invites us to have the courage to return the compliment. It changes lives. Why bother praying? Because God wants us to bother him, and in the process develop a relationship

that is marked by such love and joy that it changes us, our neighbor and the world.

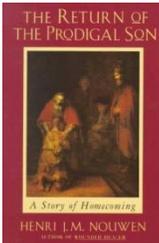


Modeled on the fifteenth-century classic "The Imitation of Christ," this new edition of a little-known Enzler masterwork is revived for modern Christians. This new edition includes an introduction from the author's son, Msgr. John Enzler, pastor of the Shrine of the Most Blessed Sacrament in Washington, D.C. In this intimate guide to the spiritual life, Christ speaks directly to the reader, whom Christ admonishes to be his presence of love and service in the world. Through this creative mode of dialogue, Enzler leads the reader through the journey of

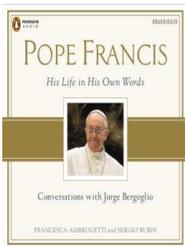
the Christian life, beginning with the call to live in friendship with Christ and fulfill Christ's desire. He then examines the means of the Christian life: detachment, virtue, prayer, avoidance of sin, and the Eucharist. Finally he explores the goal of the journey: a life of union with Christ as his disciple and complete joy with him in eternity. Each chapter is divided into short, eloquent sections based on scripture and with beautiful prayers for meditation. These convenient divisions make the book ideal for use as a daily devotional, or a guide to prayer.



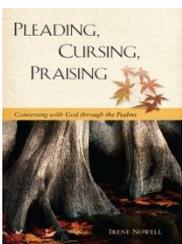
In this insightful and highly relevant book, Cardinal Donald Wuerl makes the case that Catholics do not have the option of absenting themselves from the world, taking refuge in a completely private spirituality. As citizens of two worlds, it is precisely within the context of our faith that we can play a decisive role in transforming American society while furthering the goals of the kingdom of God. *"A forceful rebuttal that a Christian can keep his faith in a compartment."* -- Mary Ann Glendon, President, Pontifical Academy of Social Sciences; *"As crises of our day grow more acute, there is more need than ever for informed, committed Catholics to carry the message and values of the faith into society."* -- Russell Shaw, Author



A chance encounter with a reproduction of Rembrandt's *The Return of the Prodigal Son* catapulted Henri Nouwen on a long spiritual adventure. Here he shares the deeply personal and resonant meditation that led him to discover the place within where God has chosen to dwell. In seizing the inspiration that came to him through Rembrandt's depiction of the powerful Gospel story, Henri Nouwen probes the several movements of the parable: the younger son's return, the father's restoration of sonship, the elder son's vengefulness, and the father's compassion. In his reflection on Rembrandt in light of his own life journey, the author evokes a powerful drama of the parable in a rich, captivating way that is sure to reverberate in the hearts of readers. The themes of homecoming, affirmation, and reconciliation will be newly discovered by all who have known loneliness, dejection, jealousy, or anger. The challenge to love as the father and be loved as the son will be seen as the ultimate revelation of the parable known to Christians throughout time, and here represented with a vigor and power fresh for our times.



On March 13, 2013, the former Cardinal Jorge Mario Bergoglio, longtime Archbishop of Buenos Aires, now Pope Francis, was elected to succeed Pope Benedict. He is the first Latin American pope, the first Jesuit pope, and the first to take the name Francis, after St. Francis Assisi, the 13th century monk known for his charity and kindness. Elected in one of the shortest conclaves in history, the former Archbishop Jorge Mario Bergoglio of Argentina reveals, in a series of extensive interviews conducted over the course of two years, the very image of a humble priest, inspired teacher, and wise and adroit cardinal. What emerges is a portrait of a man more interested in substance over style, a compassionate cleric and teacher who has shunned the spotlight. In spontaneous, intimate terms, Archbishop Bergoglio, now Pope Francis, covers topics as wide-ranging as his childhood, family life, and the importance of his first job to discovering his calling and his early days in the seminary. A learned and introspective man, he does not avoid the uncomfortable subjects: the declining numbers of priests and nuns; celibacy; the sexual abuse scandals that have rocked the Church; and his opinions about and experience with the military dictatorship of his own crisis-riddled country. Through his own words, we come to know a man whose actions and words reflect his deeply-rooted humility. The book concludes with the Pope's own writings and reflections, full of wisdom and inspiration.



Irene Nowell's work would be both impressive and important if she were only a masterful Scripture scholar or a gifted spiritual guide or a compelling teacher. The fact that she is all three makes her an extraordinary resource for Christians today. In *Pleading, Cursing, Praising*, Nowell puts all of these gifts to use to offer a guide to praying with the psalms. Nowell maintains that the psalms teach us to tell our story, to cry out our pain, and to give praise to God. They also teach us to listen to the voice of God, the voice of Christ, the voices of the people around us, and the voice of all creation. This book includes questions and exercises for personal reflection, brief prayers for praying along the way, and suggestions for composing one's own psalm-prayers. It promises to enrich the spiritual life of everyone who reads it.